



Newsletter

October 2023 - March 2024

Dear Readers,

It is always a happy moment meeting you via the Newsletter medium. Of course, the happiest moment is when we get to meet you in person. All our programmes & services are being operated well. We are grateful to our team of workers for their efforts and all of you for your morale boosting support. You will get to read about activities, events conducted under the different programmes for the development & well-being of the children & their family members. We have also shared few success stories.

- *Adoption*
- *Annual Family Get-together*
- *Child Guidance Centre*
- *Expressive Therapy Sessions*
- *Annual Sponsorship Day*
- *Women's Day Activity*
- *Success Stories*
- *News from our Rural programme*
- *Students' gratitude towards sponsors*
- *Ways you could help*

Hope you enjoy reading this issue of the Newsletter!

Please feel free to give your comments, feedback.

Adoption

Orientation meetings

These meetings held regularly are focused on interaction between Prospective adoptive parents (PAP) & adoptive parents. The interaction is aimed at allaying apprehensions, doubts in the mind of PAPs. The adoptive parents share their adoption experiences.

The effectiveness of our orientation meetings is evident from the interaction and participation of the parents. We experienced a high level of engagement in the meetings held during the period of reporting. The topics covered were -

- Discussion on the short videos shared with the group prior to the meeting. The video covers foster care for children in IAPA's care, an adoptive parent's expression and that by a young, adopted person)
- Changes in the guidelines laid down by CARA including the **change** in the website from www.cara.nic.in to www.cara.wcd.gov.in
- Resource persons shared their experiences with anecdotes on attachment issues, social and emotional attachment with adopted child, school challenges and other emotional health matters.

The social worker emphasised on the importance of Medical Examination Report (MER) and Child Study Report (CSR), highlighting the concerns parents have over any serious ailments, physical or psychological condition of the child.

Covering the post adoption concerns, the process of sharing the fact of adoption and root search was discussed.

Current challenges in Foster Care

IAPA is currently struggling with receiving children in the 0-6 years age group due to a clause in the Vatsalya scheme of the Government of India. Our efforts are on to discuss the importance of family care for children in this age group.

Enhancing the skills & knowledge

IAPA makes the most of opportunities for enhancing the skills and knowledge of the staff. Ongoing training in the areas of adoption, foster care, Bal Sangopan, fund raising, Annual-report writing were attended. IAPA social workers were also invited to make presentations in their areas of expertise. Orienting college students about our programmes and activities is a regular feature. We have been fortunate to have social work and psychology students from reputed universities connect with us for internships. These connects are mutually beneficial.

Annual Family Get-together

Annual Family Meet was held on 17th February 2024. All parents & children who have been a part of IAPA, past & prospective were invited as every year. As families walked in, they were welcomed with a goody bag (cookies, biscuits & chocolates) for the children and a potted plant for the parents. While waiting for the programme to start, children got their desired tattoos painted in water colors on their hands by a Tattoo artist. The selfie corner with the logo of IAPA as a backdrop helped parents to create special memories. The celebration started with the welcome address by Mr. Sanjay Chore, President of IAPA. He welcomed all and spoke about his relation with IAPA as an adoptive parent first and then as a member of the IAPA Executive Committee. He also encouraged families to support IAPA in kind and cash.

This was followed with the favourite activity of children - bursting of balloons.

The magic show by magician Charlie had children and parents completely enthralled. The evening gained momentum with a few children coming up to the stage to display their talents. Everyone enjoyed songs and dance performances. The on-stage conversation with grown up adopted persons was a guiding point for parents who have begun sharing the facts of adoption with their children. Sharing about how one young person coped with her feelings when dealing with the knowledge of being adopted and how delicately the fact of adoption was shared through a beautiful story by the other young person's mother caught everyone's attention.

Karan Solanki's choreography on Bollywood songs had the children, parents and IAPA staff shaking their legs.

The happy evening culminated with relishing snacks for all present. A fulfilling program moved the hearts of everyone present at the venue. A very emotional and proud moment for the parents!!!

Our gratitude to all our sponsors and donors who supported this event.

Cherished memories captured



Child Guidance Centre

The Child Guidance Center - Aastha (at our Khetwadi office) addresses the emotional health concerns of the children and their family members. Some highlights

- Sessions were conducted with the students of Std. 1 to 7 on a multitude of topics - handling emotions, friendship, respect and confidence, establishing connection with inner self and understanding the nuances of nonverbal communication. The crucial topics of phone addiction and substance abuse were also covered.
- As a follow up, a session was held with the parents of these children on challenges in parenting, communication with the child, importance of daily quality time with the children, being aware of children's feelings. The parents were also told about how their children spend time at the center. They got to understand the effectiveness of the activities the children get involved in.

Remedial Sessions were conducted with a group of students focusing on communication, group dynamics and interaction, self-acceptance, being attentive, taking initiative and experiencing emotions.

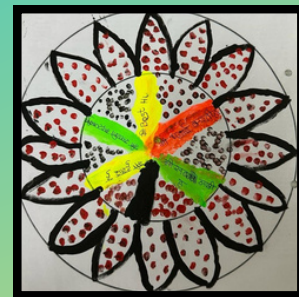
All the activities included self-introductions, expressing likes and dislikes, drawing unique shapes to emphasize individuality, and a freeze dance to illustrate diverse emotional expressions.

Expressive Therapy Sessions - a successful initiative

You want to witness activity, enthusiasm and a pleasant atmosphere? Be a part of the sessions conducted for and with children. The one-to-one sessions with children (and their parents) at Aastha covered academic, behavioral, emotional and physical concerns. Our counselling psychologist initiated **Expressive therapy** for the children that offers a valuable remedial approach to supporting children in their emotional development. It also enhances the potential in them. We are happy to report that Expressive Therapy sessions with the children are showing positive results!

A group of students from Std. 3 to 7 are undergoing Expressive Therapy for Improved **Emotional Identification** and **Self-Expression**. This therapeutic intervention is aimed to enhance the children's ability to identify and express emotions effectively. Another aim is to develop coping mechanisms once the emotions are identified. This is done through the use of creative modalities like art, music, and movement. After consistent 20 such individual and group sessions, the children are seen to have developed a better understanding of their own emotions and those of their group members. They are seen to approach situations with confidence, and creativity.

Glimpses of children's creations



Annual Sponsorship Day

Annual Sponsorship Day programme was held on 4th February'24 with full excitement and fervour for the students and the IAPA team. Around 300 students and a few guests were witness to a variety of performances - all students supported under IAPA's Educational Sponsorship and Alternative Family Care programmes. These included solo and group dances, elocution, an interesting skit, demonstration of dumb bells, pyramids and hula hoops by the students. The entire event was compered excellently by Sahil & Sakshi our two sponsored students. As has been the practice, students who attained first class / distinction at 10th, 12th and graduation were felicitated. The other highlights of the day were a magic show and mimicry which had the students enthralled. A sumptuous breakfast and lunch provided the students the necessary energy to enjoy the programme. Children were seen leaving the venue with happiness. All were given a parting gift.



Feedback from the guests

IAPA
Khatwadi
Mumbai 400004

04 Feb 2024 रविवार को IAPA का
Cereus Annual day Programme उम्मीद
उस प्रोग्राम में मदद दो जायेगा। बच्चों के
लिए प्रोग्राम रखा गया था। इस प्रोग्राम को
मैंने पहले बार Attend किया मुझे बहुत
अच्छा लगा किलोमीटर बच्चे हुआ जो अग्रिम
बच्चों को पैसा की मदद करके आगे पढ़ाई
जाती है। बच्चों में मदद करनी है यह संस्था।
बहुत सारे बच्चे गरीब तथा अनाथ बच्चे होने
के कारण मदद के मुकाम पहुँचे। बच्चों
को संरक्षण दिया गया तथा 12 वीं से
पास होने वाले बच्चों का संरक्षण किया गया।
प्रोग्राम में गाना, डांस, और Magic show
और या फिर सखी एम. से संबंधित सोसा
इति रिया गया। नाटक में भारतीय संविधान
की ताकत क्या है यह बताया गया। फिर
एक गरीब व्यक्ति के अधिकारों की सुरक्षा
किस प्रकार हमारा भारतीय संविधान करता है।
यह बताया गया है, मुझे यह प्रोग्राम बहुत
अच्छा लगा। एक इंसान। यह हमें गरीब
बच्चों तथा अनाथ बच्चों को आगे
बढ़ने के लिए काम करनी है।

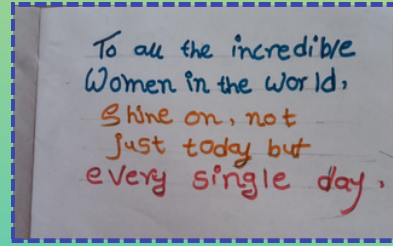
प्रोग्राम में duplicate sculm
और गाना तथा डांस रखा गया
गाना तथा डांस को सहायता
and स्टाफ को भी प्रोत्साहन
था।

प्रियंक
23/02/24
प्रियंका दिनेश

It was delightful to attend sponsorship day programme and to see the small ones bubbling with energy, happiness. Various cultural programs were presented by students shows the hidden talent they have. I was happy to see one of our sponsored student progressing so well in her **studies** and also in **Music**, conquering all the obstacles of her path with the support of IAPA team. I wish Khushi and IAPA team the best of luck for the bright & successful future. - Mrs. Mandavkar

An activity on Women's day

We observed women's day in a different manner. Children who attend the CGC sessions were invited to participate in the planned activities. It was interesting to see the boys put up a skit encouraging girl child education. The hand prints activity by the girls brought out the vibrancy of their imprints. IAPA team, along with SNTD students, made it a successful activity.



Success stories (names changed to maintain confidentiality)

Story of Pari - Not losing hope

Pari was studying in a Municipal school of Mumbai. She was a thin & malnourished girl born to parents who are blind. Her mother sells pickles, papads to make a living. Her father sells incense sticks, but does not contribute towards household expenses. Pari has an elder sister who is already under the sponsorship of IAPA. Pari's mother was more worried about Pari, since she was not good in her studies & she had learning difficulties. Above all, family didn't have a great financial support, the mother was the sole breadwinner, shouldering the responsibility of bringing up the daughters. That is when Pari was referred to IAPA, Child Guidance center. Intense counseling sessions were held with Pari & her mother. This timely intervention, gradually helped Pari to cope with her learning disabilities. Pari could establish a very good rapport with the IAPA Social worker. Pari started getting IAPA sponsorship for continuing her studies. Pari's mother was also given a packing machine from IAPA, for increasing her work & thereby enhancing the economic status of the family. Pari could successfully complete her 10th & 12th studies securing good marks. She had a desire to do Fashion Designing course which she could complete securing A grade with the financial support of IAPA. Pari successfully completed her internship, and today is working in a private firm. She is a great moral & financial support to her family now.

Story of Naina - Overcoming hardships

Naina lives in a shanty of Mumbai. Her father was a sweeper in a municipal office. He was habituated to drinking alcohol & had also contracted AIDS. He died of multiple ailments later. Fortunately, Naina & her mother tested negative for AIDS. Since Naina's father was very irregular in his work, he was dismissed from his job. So when he died, Naina & her mother did not get any compensation. Naina's mother was only a housewife earlier, she had to earn money for survival. So, she took up a small-time job in a printing press to make ends meet. Naina's mother had the responsibility of taking care of her old mother-in-law (Naina's grandmother). Difficult family circumstances forced mother to keep Naina in institutional care. So she filed an application with the Child Welfare Committee, Mumbai. The Committee referred Naina to IAPA for educational support. This support helped prevent Naina from staying in a shelter home. She continued to stay with her mother. Since Naina was a brilliant student in school, she continued with her studies & stood first in her SSC examination in her school. She passed her 12th too with flying colors securing 93%. Naina was given continual counseling, guidance & educational support by IAPA social worker. Naina pursued her B. Com & Company Secretary course simultaneously. Her intense hard work paid off & she could complete both the courses successfully. Naina got placed in a CA firm as trainee. She did not stop here. With the continued support of IAPA she could pursue her LLB course too. In the year 2023, she could successfully complete her LLB with a brilliant score of 83%. Today, Naina is Company Secretary cum a Legal Advisor in a reputed firm in Mumbai. Really a proud moment for Naina, her mother & IAPA. Naina gives full credit to IAPA for her super brilliant achievement...

News from our Rural Programme

- Parents meetings in villages **Vavghar, Unhavare, Phansu, Degav, Pophlavne** in which **IAPA** has initiated a new programme with support from **Chance of Life** and the main focus of the program is girl child education. Meeting with parents in **Unhavare high school**. Focus of these meetings was to sensitise the parents about the special needs of health and nutrition of their daughters, importance of encouragement and appreciation in disciplining and desirable use of sponsorship amount for education and development.



- **Language development workshops** with 6th and 7th std. students in **Phansu and Degav** and with 8th std. students in Terevayangani. Use of simulation games, group exercises, brainstorming sessions, special focus on creative writing



- **Programmes for development of scientific temperament & irradiation** of superstitions were held in **Terevayangani** and in **Karanjali** which were attended by students from 8th to 10th std. and in **Terevayangani** college students and parents were also the participants. Programme in Terevayangani on development of scientific temperament.



Gratitude from our sponsored students

Thank You

Dear Sponsors of [IAPA Organisation],

I trust this message finds you in good health and high spirits.

I am writing to express my profound appreciation for the immense support you've provided over the past decade. Your generosity has been nothing short of life-changing, not just for me but for numerous others who have benefited from your kindness.

Your sponsorship has been a beacon of hope and opportunity in my life. Thanks to your help, I was able to complete my college education in Commerce, a milestone that wouldn't have been possible without your support. Moreover, I am now pursuing an advanced degree in data software engineering, which opens up even more doors for me in the future.

But your impact goes beyond academics. Your support has allowed me to continue pursuing my passion for classical singing, providing me with opportunities to grow and develop as an artist. The joy and fulfillment I find in music are thanks in no small part to your continued assistance.

Every day, I am reminded of the incredible difference your sponsorship has made in my life. It's not just about the financial support—it's about the belief and confidence you've instilled in me. Your unwavering faith in my potential has given me the courage to dream big and strive for excellence in everything I do.

I want to assure you that your investment has not been in vain. I am committed to making the most of the opportunities you've provided me and to giving back to my community in any way I can. Your generosity has inspired me to pay it forward and make a positive impact on the lives of others, just as you have for me.

I am deeply grateful for your incredible kindness and support. Your sponsorship has truly changed my life, and I will always be grateful for the role you've played in my future. Thank you from the bottom of my heart.

With heartfelt gratitude,
Rhushi Naik

To,
IAPA Institution.

Dear Sponsors,

I'm Shreya Sitaram Narvekar passed 12th HSC Board exam with 72% in Commerce Stream. Well on this day, I want to take this opportunity to thank for the support I have received from you to be able to study.

I have no words on how to thank you! I wanted to take a moment to express my sincere gratitude for your help towards me for my education. Your institution has been helping me since class 10. Our financial situation was not good enough, your institution helped me a lot, so I have been able to study till now. Your generosity and thoughtfulness have truly made a difference in my life and I'm deeply appreciative towards your institution, your different helping actions or beautiful gifts has not only provided me with educationally or financially support that I have received, but it also reminded me one of the importance of kindness and compassion in our world. I will try to learn and acknowledge more and definitely help this institution in future.

God bless you and your institution always so that you continue to help create a better future for many childrens just like how you have helped us. May god keep you and the institution childrens healthy forever. Once again

thank you from the bottom of my heart for everything you have done for me. Your kindness has truly made a difference in a meaningful way.

Thank You So Much

Yours Faithfully,
Shreya S. Narvekar

20 February, 2024
 TO I.A.P.A.,

Respected Ma'am,

Mihel Rautava : Chauhan today I am writing this letter to show my gratitude I am getting financial support from this institute for more than 6 years now. I am glad by your financial support, I was able to pass my SSC board exam with flying grades. With no financial support, during tough times of covid 19 my family also got nation which was beneficial during tough times. I have also received several gifts from this institute, for which I am very happy. Through all these tough times my family is also getting medical support from I.A.P.A. which provide the required medicines. I am very grateful by your support to my family in this manner.

Thank you

Yours sincerely,
 Rautava Chauhan

Rupa Chauhan

मी ऋशाली आखाडे. मला १२ वी मध्ये ८५% टक्के गुण मिळाले. खरं बोलू तर आय. ए. पी. ए. हया संस्थेकडून मला खूप मदत मिळाली. त्यांनी मला प्रत्येक वेळी सहकार्य केले. माझ्या शिक्षणासाठी त्यांनी मला खूप मार्गदर्शन ही केले. मी १२ वी मध्ये चांगले गुण मिळविले ते फक्त आणि फक्त आय. ए. पी. ए. हया संस्थेमुळे. त्यांनी मला प्रत्येक क्षणाला कसा अभ्यास करायचा, अभ्यास कसा लक्षात ठेवायचा, कसं मन लावून अभ्यास करता येईल याचे ही मार्गदर्शन केले. या सर्व गोष्टी त्यांच्याकडून शिकून मी खूप चांगले गुण प्राप्त करू शकले. तरी माझ्या या यशामध्ये आय. ए. पी. ए. हया संस्थेचा मोठा वाटा आहे.

Rushali Akhade

Dear Aipana Dange Ma'am

I hope this letter finds you in good health. I am writing to express my heartfelt gratitude for your generous support through IAPA Association. Your kind donation has had a profound impact on my educational journey and has helped the financial burden associated with pursuing my education.

Your contribution has not only provided me with the necessary financial assistance but also has also motivated me to strive for excellence in my studies. Your faith in my abilities has inspired me to work harder toward my goals and giving back to the community in a similar manner in the future.

I am deeply grateful for your selfless act of kindness and your belief in my potential. Please accept my gratitude for your generosity support. I will do my best to repay the most of this opportunity and to contribute positively to society.

With Sincere thanks
 - Smita Channe

Smita Channe



Appeal for your support / donation

As most of you might be aware we are facing challenges with fund raising. Working with child / family members on different fronts needs professional intervention over a period of time. While the direct support for the beneficiaries is forthcoming we face challenges in meeting the administrative expenses, infrastructure expenses and unforeseen contingencies. We are appealing to you all to help us raise a good amount of funds through general donations.

We seek your support...

- **General Donation** [Donations to IAPA are available for deduction under Sec 80G of the Income Tax Act]
- **In Kind**- Computers/ laptops, printer cartridges, external hard-drive, pen-drive, mobile phones (in usable condition)
-Stationery - A4 size papers, legal sheets, one-sided used papers, files, and other stationery items
- **Mobilizing Resources**-Connect us with other philanthropic Trusts and Individuals

Bank Details for online donations -



Indian Association for Promotion of Adoption and Child Welfare (IAPA)

7, Kanara House, Mogul Lane, Matunga (West), Mumbai -400016
+91-22-24307076 and +91-22-24374938 | iapacw1970@gmail.com | www.iapacw.org

Bank Details	Indian Donors (holding Indian Passports)	Foreign Donors (holding Foreign Passports)
Account Holder	Indian Association For Promotion Of Adoption And Child Welfare	Indian Association For Promotion Of Adoption And Child Welfare
Bank Name	The Shamrao Vithal Co-Operative Bank	State Bank Of India
Branch	Matunga	New Delhi Main Branch
Address	Flat no. 5, Kanara brotherhood Soc., Mogal Lane, Matunga (West), Mumbai - 400016	FCRA Cell, 4 th Floor, State Bank Of India, New Delhi Main Branch, 11, Sansad Marg, New Delhi - 110001
Account No.	100503130018327	40097489534
Type of Account	Savings	FCRA Savings Account
IFSC Code	SVCB0000005	SBIN0000691
Swift Code	-	SBININBB104
Please note these auditory requirements	Covering Letter/Email to be sent with donor's local address, PAN and purpose of donation, to iapacw1970@gmail.com	Covering Letter/Email to be sent with donor's foreign address, scanned Passport copy and purpose of the donation, to iapacw1970@gmail.com
Donations to IAPA are available for deduction under Sec 80G of the Income Tax Act IAPA PAN – AAATI0177J		

Scan code only for donors holding PAN / Indian Passport.



Parenthood needs **LOVE**,
more than DNA



**Indian Association for Promotion of
Adoption and Child Welfare (IAPA)**

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Regd. under the Societies Registration Act XXI of 1860: No. BOM/27/1971

The Public Trust Act of 1950. Registration No. -F-2230 | Guidestar India No. 528

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